

GUIDELINES FOR PARTICIPANTS IN PRAYER MEETINGS

1. **Recognize the appointed leader** of the prayer meeting. Look to this person to give direction.
2. **Use prayers that bless, are biblical, and brief (the 3 B's).**
Bless: Are others built up or torn down? (See 1 Corinthians 14:26)
Biblical: Does my prayer align itself with the Word of God? (See John 15:7)
Brief: Am I respectful of others who also want to pray? (See Matthew 6:7)
3. **Be sensitive to others** in the group who may be from various religious backgrounds, doctrine, and giftings. What is appropriate in your own personal prayer time may not be appropriate when you are praying with others.
4. **Direct prayers God-ward.** Avoid prayers that teach, counsel, or give information to others in the group.
5. **Agree in prayer.** Bring your thoughts into captivity. Do not let your mind wander. Instead of thinking about what you are going to pray next, listen to the one praying. Giving a sincere word of agreement such as “yes” and “amen” can stir faith in the one praying.
6. **Speak up when leading out in prayer.** This enables others to come into spiritual agreement with you. It is important to pray not only with humility but also with boldness and confidence.
7. **Model faith-filled prayers.** Pray with an attitude of expecting a miraculous answer. Focus on God’s faithfulness and ability rather than the problem.
8. **Flow with the spirit of prayer** as you discern the direction of the Holy Spirit (repentance, thanksgiving, praise, warfare). Exercise caution when changing the subject or direction of prayer once a topic or emphasis has been established. Generally speaking, we should saturate a subject in prayer until the level of faith for it has been exhausted. If you are in question about changing the course of prayer, wait for the leader to do so.
9. **Assume that all matters of prayer are confidential.** To share even with a close friend or spouse could violate the trust of another person. If you want to share a request outside the prayer group, ask the person who requested prayer.